

1 - 7 FEBRUARY 2021

#ChildrensMentalHealthWeek



Charlie's kids club



“

HI CHEEKY MONKEY FRIENDS,

I know things are a little different at the moment and we are staying at home a lot more, so I have created this great activity book for you to help keep your days filled with fun.

I've been busy painting and making mosaic pictures, mosaics are a great way to make a simple picture really colourful and unique. It's important to express your feelings during this time and what better way to do it than through art!

Why not enter our competition on page 3 for a chance to win £40 worth of art materials.

I look forward to seeing your colourful mosaic creations. ”

Stay safe!

Charlie



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THE PAOLOZZI MOSAICS

Milward Square, Kingfisher

THE MOSAICS ARE
PRETTY HUGE!
EACH ONE MEASURES
6.4M WIDE BY
3.08M DP

WE FIRST GOT TO SEE THE
MOSAICS ON 19TH APRIL 1983
AND HER MAJESTY QUEEN
ELIZABETH II WAS LUCKY
ENOUGH TO SEE THEM TOO IN
JULY OF THAT SAME YEAR.

EACH IMAGE WAS DRAWN
INDIVIDUALLY, HAND-COLOURED,
AND THEN PUT THROUGH A
BIG MACHINE TO STANDARDISE
ALL THE COLOURS USED.

THEY WERE THEN CUT OUT AND
COLLAGED ONTO SHEETS, AND SENT TO
BE FINISHED OFF TO A TOWN CALLED
SPILIMBERGO IN NORTHERN ITALY,
FAMOUS FOR MAKING MOSAICS.

IT TOOK THREE CRAFTSMEN, BASED IN
BIRMINGHAM BUT WHO USED TO LIVE
IN SPILIMBERGO, A WHOPPING TWO
WEEKS TO GET ALL THE MOSAICS PUT
UP IN THE CENTRE!



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MOSAIC MASTERPIECE CHALLENGE

for a chance to win an art pack worth £40*

HERE'S WHAT YOU'LL NEED:

- A SHEET OF WHITE CARD FOR THE BACKDROP
- COLOURFUL PAPER SCRAPS CUT INTO SMALL 1CM SQUARE TILES (IT CAN BE ANYTHING YOU HAVE LYING ABOUT, LIKE LEFT OVER PIECES OF COLOURED CARD OR PAPER, USED WRAPPING PAPER, EVEN COLOURED CEREAL BOXES)
- RULER
- PENCIL
- SCISSORS
- GLUE STICK

METHOD:

1. Lightly draw your design on the card background. Clear and simple images work best like flowers, fish, animals or food.
2. Decide on the colours for your design. Sort through your paper squares to find colours to suit your design.
3. Glue the back of your coloured tiles and fill in your design. You can cut your small tiles into triangles to fit tricky shapes if needed. Remember it doesn't need to be exact, we call that artistic licence!
4. Let the glue dry and your mosaic is complete.

ASK AN ADULT TO HELP



TO ENTER:

For a chance to win an art pack worth £40, take a picture of your finished masterpiece and email to: guestservices@kingfishershopping.co.uk

Closing date for entries is: 28 th Feb 2021.

*Terms & conditions apply. See website for details.

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CONVERSATION STARTERS



Connecting with others is an important way to look after our wellbeing. Write down and discuss your thoughts with an adult or friend.

"WHAT ARE YOU GRATEFUL FOR THIS WEEK?"

"WHAT WAS THE KINDEST THING SOMEONE DID FOR YOU THIS WEEK?"

"WHAT WAS THE KINDEST THING YOU DID FOR SOMEONE THIS WEEK?"

"WHAT ARE YOU MOST PROUD OF YOURSELF FOR THIS WEEK?"

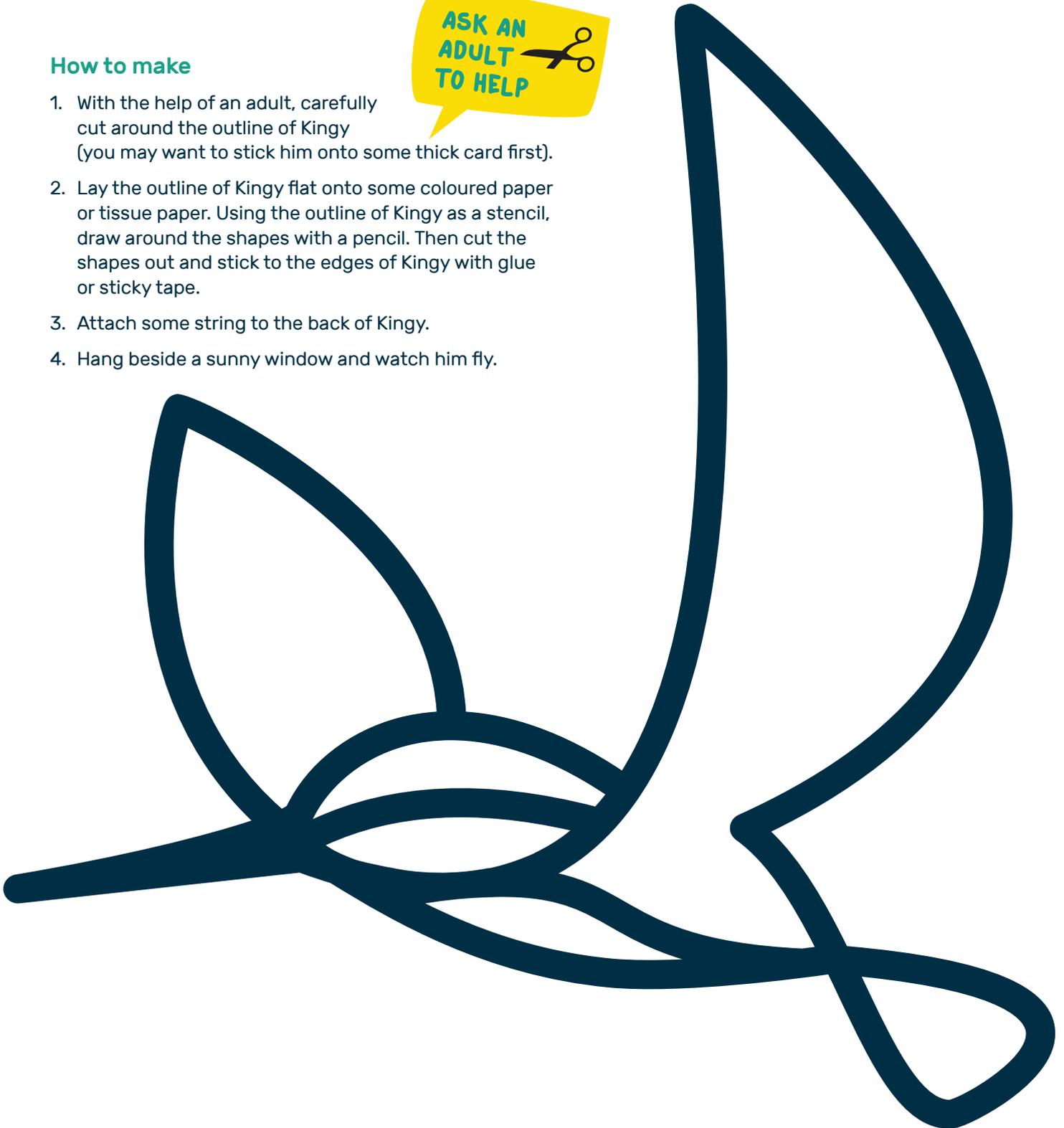
KINGY SUN CATCHER



Create your very own mosaic suncatcher.

How to make

1. With the help of an adult, carefully cut around the outline of Kingy (you may want to stick him onto some thick card first).
2. Lay the outline of Kingy flat onto some coloured paper or tissue paper. Using the outline of Kingy as a stencil, draw around the shapes with a pencil. Then cut the shapes out and stick to the edges of Kingy with glue or sticky tape.
3. Attach some string to the back of Kingy.
4. Hang beside a sunny window and watch him fly.



MONKEY MOSAIC



Ask an adult to help you carefully cut out the squares below.
Can you rearrange the squares and put the picture back together again?



HOW DO YOU FEEL TODAY?



Can you fill in the missing letters to create the words listed below?

LAZY
HOPEFUL
WORRIED
PROUD
PATIENT
HAPPY
COMFORTABLE
CONFUSED
SCARED

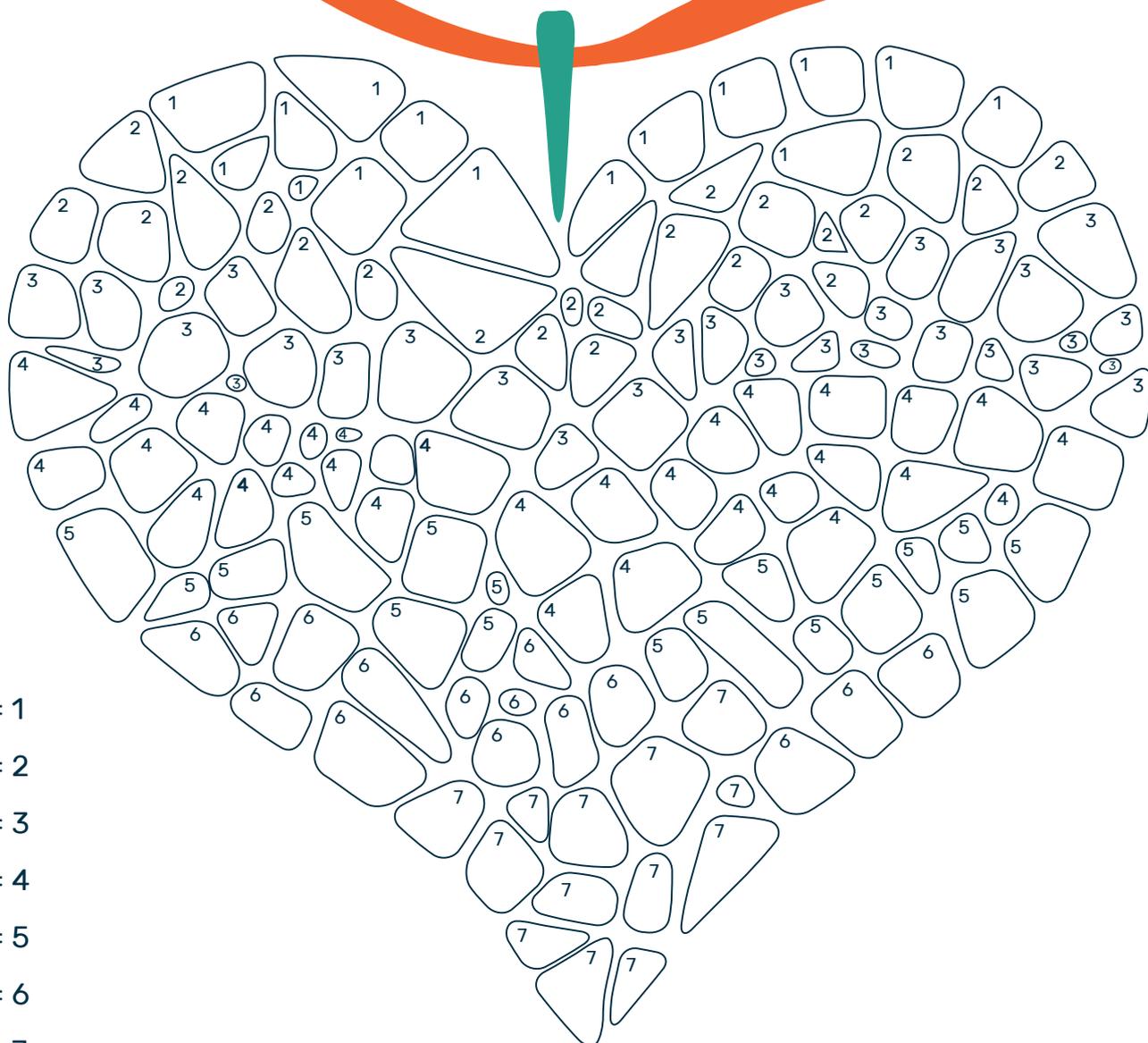
ECSTATIC
EXHAUSTED
BUSY
SURPRISED
CONFIDENT
BORED
HOT
FURIOUS

E	H			S			D
	R	O	U				
		W	O	R	E		
C			F	D	E		
			O	P	E		
		P		Y			
		B	O				
C			F	U	E		
			F	U			U
			E	S	T		I
	U	R				E	D
			L		Z		
		A	T			N	T
			O				
			R		D		
C			F			A	L
			U			Y	

COLOUR BY NUMBERS



Colour and create your very own mosaic heart.



-  = 1
-  = 2
-  = 3
-  = 4
-  = 5
-  = 6
-  = 7